

BREAKFAST MENU

Pastries, Fruits and Grains

- COCONUT CROISSANT** 6
Freshly baked
- SEASONAL FRUITS** 13
Tropical fruits of the moment
- ACAI BERRY SMOOTHIE BOWL** 🍷 16
Seasonal exotic fruits, berries, house-made granola

Toasts and Spreads

- KAYA FRENCH TOAST** 26
Brioche toast, coconut and pandan jam, fresh mango
- CROQUE MONSIEUR** 26
Shaved Virginia ham, mustard, sourdough toast béchamel sauce
- REAL TOAST** 🍷 20
Avocado crush, heirloom tomato, cucumber
- BACON & EGG BRIOCHE ROLL** 26
Sunny side egg, bacon, avocado, tomato relish

Savoury

- MASALA DOSA** 25
Toor dhal curry, potato masala okra, coconut chutney
- SOTO AYAM** 20
Golden chicken broth, boiled egg, tomato celery, rice noodles
- SWEET CORN FRITTERS** 26
Crispy bacon, cherry tomatoes, avocado

Our Classics

- EGGS BENEDICT / ROYALE** 26
Poached egg, hollandaise sauce
- RICOTTA HOT CAKE** 24
Blueberry, banana, honeycomb butter
- COMO BREAKFAST** 28
Eggs your way, avocado crush, roast tomato slab bacon, pork sausage, sweet corn cake

Frenz Organic Eggs

to your liking

10

ADD-ONS

5
SOURDOUGH TOAST
ROASTED TOMATO
MUSHROOMS

8
DHAL CURRY
STEAMED GREENS
AVOCADO CRUSH

10
SMOKED SALMON
PORK SAUSAGE
CRISPY BACON
SLAB BACON

🍷 COMO Shambhala Cuisine uses ingredients that are nutritious, seasonal and pure in delicious nourishing combinations

BREAKFAST MENU

Coffee

FRENCH PRESS	10
ESPRESSO / MACCHIATO	6
LONG BLACK / PICCOLO / FLAT WHITE CAFFÈ LATTE / CAPPUCCINO	7

Tea and Herbal Tisanes

EARL GREY / ENGLISH BREAKFAST / SENCHA OOLONG	7
CHAMOMILE / PEPPERMINT / SWISS BERRY HERB	7
COMO SHAMBHALA GINGER TEA	7

Kombucha

Organic Fermented Tea
Stabilise blood sugar levels,
regulate cholesterol.

MANGO AND PASSION FRUIT	12
GINGER AND LEMON	12
WILD BERRY	12

Shambhala Wellness Juice

JUICE OF THE DAY	10
WELLNESS JUICE OF THE DAY 🍯	12
GREEN AND CLEAN 🍯 Apple, fennel, spinach, spirulina, seeds, nuts Boosts energy, immunity and detoxifies.	12

Therapeutic Brews

BODY GUARD (Long Black) 🍯 Ginger, wildflower honey, cold-pressed coconut oil Tangy - bolsters innate immune defenses	7
ALARM CLOCK (Espresso) 🍯 Mct oil, ghee, maca root, coconut cream Smooth and earthy - energises and supports brain function.	8
SWEET RELIEF (Latte) 🍯 Cocoa, cinnamon, date sugar, nut milk Creamy and sweet - calms and promotes hormone and blood sugar balance.	8

Coffee Free

HOT CHOCOLATE Cocoa, agave, toasted marshmallow	7
VEGAN MATCHA Matcha, moringa, agave, soy	7

Blends

MUSCLE MILK 🍯 Banana, dates, flaxseed, cinnamon, young coconut, almond milk Builds muscle, vitamin, energy rich.	12
CULTURE SHOCK 🍯 Strawberry, passion fruit, orange, yoghurt Gluten free, aids digestion, supports healthy heart.	12