

The Living Foods

A Healthful Tuck-in

Breakfast

Green Smoothie Bowl

Seasonal fruit, assorted nuts and seeds

14

Garden Vegetable Shakshuka

Baked organic egg, seasonal green vegetables, Persian feta

20

Fig and Ricotta Tartine

Fresh blackberries, honey

20

Lunch

Starters

Minestrone Verde

Garden vegetable broth, cannellini beans, pesto

12

Sprouted Mung Bean Salad

Chopped kale, zucchini, avocado, green chilli, pistachio

20

Mains

Salmon Tataki

Shaved garden vegetables, fermented jalapeno dressing

24

Warm Flaked Salmon

Endives, asparagus, almonds, capers, olives, eggs

24

Sweet Treat

Cocoa Ice Cream

Red berries, pistachio

14

Lavender and Coconut Panna Cotta

Fresh blueberries, wildflower honey

14

