

FREE FLOW____

BRUNCH \$58++ for 90 minutes Saturday, Sunday and Public Holidays 11am - 3pm	
PIZZOLATO, PROSECCO NV, Veneto, Italy	
APEROL SPRITZ Prosecco, Aperol, soda	
PEACH BELLINI Prosecco, peach	
G&T Tanqueray gin, tonic water	
MIMOSA Prosecco, orange	
Champagne Upgrade (additional \$30++)	
TAITTINGER, BRUT NV, France	
To Start	
NUT AND SEED CRISPBREAD Cauliflower, heirloom tomato, cashew hummus, sumac	16
SCOTCH EGG Soft Frenz organic egg, chicken sausage, chilli sambal	14
TRUFFLE STRACCIATELLA Fresh naan bread, wildflower honey	22
Salads	
TANDOOR CAULIFLOWER 6 Kale, pomegranate, almonds, nigella yoghurt	28
KALE CAESAR Chopped curly kale, bacon, soft Frenz organic egg anchovy dressing	18
SPICY PRAWN SALAD Pomelo, sweet basil, fried shallots coconut and tamarind dressing	22
YELLOW FIN TUNA TATAKI BOWL Organic brown rice, marinated shiitake, seaweed edamame, avocado, Japanese inspired dressing	32
Add Ons SPICED CHICKEN 10 / GRILLED PRAWNS 12 / MARKET F	ISH 12
Frenz Organic Eggs	
EGGS ROYALE Smoked salmon, poached Frenz organic egg hollandaise	26
STIR-FRIED CRAB OMELETTE Sprout, garlic, chives, oyster sauce	24
THAI BACON AND EGG Slab bacon, fried Frenz organic egg, sticky rice, chilli jam	20
COMO BREAKFAST Eggs to your liking, avocado crush, roast tomato slab bacon, pork sausage, sweet corn cake	32



Sandwiches And Burgers

OUR LOBSTER ROLL Tomato, celery, chives, aioli, crisp, salad	45
REAL TOAST Avocado crush, heirloom tomato, cucumber	20
BRUNCH BURGER Wagyu beef, tomato chilli relish, Frenz organic egg gruyere, bacon, French fries	28
D.I.Y. SMOKED SALMON BAGEL Cream cheese, tomato, sliced onion capers, dill	24
CROQUE MONSIEUR Shaved Virginia ham, mustard, sourdough toast béchamel sauce	26
Savoury	
SPICED LENTILS Moong dhal curry, spinach, rice cake	20
BUTTERMILK FRIED CHICKEN Corn waffle, chilli maple	24
STEAMED FISH Shiitake mushroom, napa cabbage cherry tomato, brown rice	34
STEAK AND EGG Black onyx striploin, café de Paris butter, truffle French fries	50
Sweet Treats	
CEREAL MILK SUNDAE Crunchy cereal topping, fresh berries	12
COCONUT WAFFLE Fresh mango, vanilla ice cream, maple	20
RICOTTA HOT CAKE Banana, blueberry, honeycomb butter	24
FRESHLY BAKED PASTRY Coconut croissant	6

 COMO Shambhala Cuisine uses ingredients that are nutritious, seasonal and pure in delicious nourishing combinations



Shambhala Wellness Juice

Diambidad II Villions Galoo	
JUICE OF THE DAY	10
WELLNESS JUICE OF THE DAY	12
GREEN AND CLEAN Apple, fennel, spinach, spirulina, seeds, nuts Boosts energy, immunity and detoxifies.	12
Blends	
MUSCLE MILK 6 Banana, dates, flaxseed, cinnamon, young coconut, almond milk Builds muscle, vitamin, energy rich.	12
CULTURE SHOCK Strawberry, passion fruit, orange, yoghurt Gluten free, aids digestion, supports healthy heart.	12
Therapeutic Brews	
BODY GUARD (Long Black) Ginger, wildflower honey, cold-pressed coconut oil Tangy – bolsters innate immune defences.	7
ALARM CLOCK (Espresso) Mct oil, ghee, maca root, coconut cream Smooth and earthy – energises and supports brain function.	8
SWEET RELIEF (Latte) (a) Cocoa, cinnamon, date sugar, nut milk Creamy and sweet – calms and promotes hormone and blood sugar balance.	8
Coffee	
FRENCH PRESS	10
ESPRESSO	6
MACCHIATO	6
LONG BLACK	7
PICCOLO	7
FLAT WHITE	7
CAFFÈ LATTE	7
CAPPUCINO	7
Tea and Herbal Tisanes	
EARL GREY	7
ENGLISH BREAKFAST	7
SENCHA	7
MILKY OOLONG	7



COMO SHAMBHALA GINGER TEA 💧	7
CHAMOMILE	7
PEPPERMINT	7
SWISS BERRY HERB	7
Coffee Free	
HOT CHOCOLATE Cocoa, agave, toasted marshmallow	7
VEGAN MATCHA Matcha, moringa, agave, soy	:
Kombucha Organic Fermented Tea Stabilise blood sugar levels, regulate cholesterol.	
mango and passion fruit	12
GINGER AND LEMON	12
WILD BERRY	12

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